

JUST RELEASED—AN EVIDENCE-BASED HANDBOOK FOR PHYSICIANS

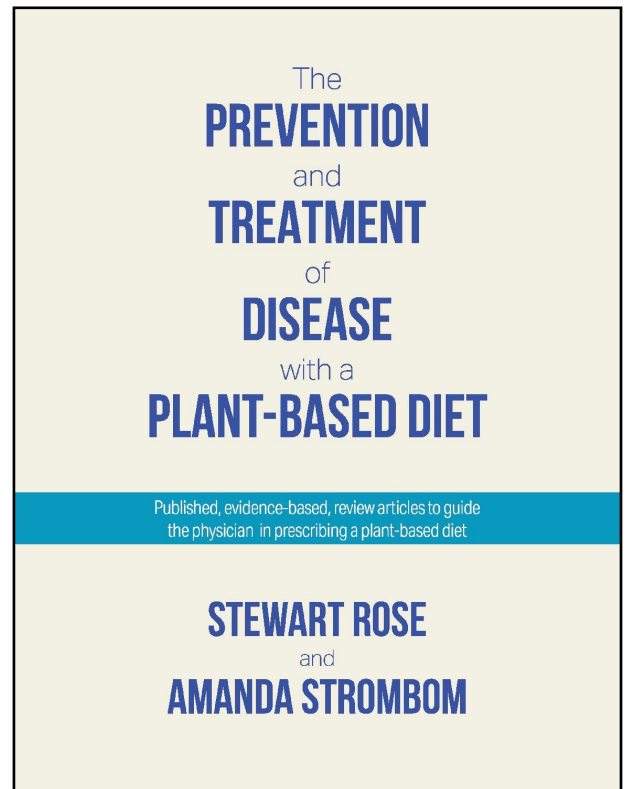
The Prevention and Treatment of Disease with a Plant-Based Diet

Endorsed by:

- Lynn Fioretti, DO. Veterans Administration, Silverdale, WA
- Helmuth Fritz, MD. Internal Medicine. Loma Linda, CA
- Sean Hashmi, MD. Nephrologist, Kaiser Permanente, CA
- Keith Hanson, MD. Family Medicine, Brewster, WA
- Chan Hwang, MD. Physical and Rehabilitative Medicine, Puyallup, WA
- George Lee, MD. Family Medicine, Overlake Medical Center, Bellevue, WA
- Joseph Marquez, MD. Urologist. Polyclinic, Seattle, WA
- F. Patricia McEachrane Gross, MD. Family and Preventive Medicine, Port Angeles, WA
- Esther Park-Hwang, MD. Obstetrician and Gynecologist, Tacoma, WA
- Brenda Rea, MD, Family and Preventive Medicine Residency and Lifestyle Medicine, Loma Linda Univ, CA
- Tim Riesenberger, MD. Emergency Medicine, Federal Way, WA
- Melissa Sundermann, DO, FACOI. Lifestyle Medicine, Ann Arbor, MI
- Michelle Tollefson, MD. FACOG, Lifestyle Medicine, Denver, CO
- Rachael Wyman, MD. Cardiologist, Kaiser Permanente, Seattle, WA

Includes:

- **Breast Cancer**
- **Chronic Kidney disease**
- **Colorectal cancer**
- **Crohn's disease**
- **Diverticular disease**
- **Fibromyalgia**
- **Gall stone disease**
- **Hashimoto's and Grave's disease**
- **Ischemic heart disease**
- **Osteoarthritis**
- **Prostate cancer**
- **Rheumatoid Arthritis**
- **Stroke**
- **Type II Diabetes**
- **Ulcerative colitis**
- **Managing pregnancy**
- **Case studies**



The prevention and treatment of disease with a plant-based diet has a scientific foundation, yet few physicians are making use of this valuable prophylaxis and treatment. This book has been written to guide the practicing physician on how to treat their patients with a plant-based diet, in addition to medication and surgery. It includes 25 articles recently published in peer-review medical journals.

To purchase this book, visit book.pbdmedicine.com